

KEY WEST CLUB EARLY-BIRD LAP SWIMMING
RULES & LIABILITY WAIVER

Hours of Availability

Until 6/9/22: On M/T/W/Th/F, members can swim laps as early as they want up until about 3PM. Be aware that there may be a private swim lesson going on at some point in the afternoon. Swim coaches arrive at 3:30 to begin preparing the pool for swim practice. On Sat/Sun, members can swim laps as early as they want up to about 10AM.

6/10/22 and after: On M/T/W/Th/F, members can swim laps as early as they want up until 7:15AM. Swim coaches arrive at about 7:15 to begin preparing the pool for 7:45AM swim practice. On Sat/Sun, members can swim laps as early as they want up to about 10AM.

Lifeguard trainings will occur on Saturday or Sunday mornings TBD throughout the summer; we will put these on the club calendar as soon as we know those dates.

Members who wish to participate in Early-Bird Lap Swimming must agree to follow these rules; failure to observe any of these rules may result in revocation of privileges. ***Members must understand that there is no lifeguard available during Early Bird hours and members are swimming at their own risk.***

1. Participants must be 18 years or older.
2. The Key West Club strongly advises participants never to swim alone.
3. Early-bird lap swimming is available ONLY to members of the Key West Club. Participants may not bring guests to early-bird lap swimming hours.
4. Participants may use the pool for lap-swimming or aquatics exercise ONLY. No diving.
5. The Key West Club strongly advises participants to bring a cell phone in case of emergency; the phone in the Snack Shack will not be available during early---bird hours.
6. Participants should close the gate upon departure and make sure to leave the pool area in the condition in which it was found.
7. Participants may be required to learn how to safely fold back the thermal cover on the pool if it is in place when they arrive (varies by season) before they can begin lap-swimming.
8. Participants will not be able to park inside the parking lot gate typically.
9. Participants will be given the code to a lockbox that

I, the undersigned participant, intending to be legally bound, acknowledge that I am aware of all the risks inherent in lap swimming, including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE KEY WEST CLUB EARLY BIRD LAP SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: KEY WEST CLUB, THE KEY WEST CLUB BOARD OF DIRECTORS, KEY WEST CLUB LIFEGUARD STAFF, OR ORGANIZERS OF THE EARLY BIRD LAP SWIMMING PROGRAM. In addition, I acknowledge that I understand the dangers of swimming in a facility where lifeguards are not present or monitoring my swimming during this time period.

Signed: _____ Date: _____